# National Weather Service Kansas



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Are you ready?

When Disaster strikes, it pays to be prepared. Having a Disaster Kit prepared will save you time and could save your life. A disaster kit should be in your designated shelter and it would also be helpful to have a smaller version in a small backpack or other containers that are easily carried if you need to evacuate your home. Disaster kits should be reviewed annually to be kept up-to-date with your family's needs. Items in your kit should include, but are not limited to:

### Staple Items

- □ 3 day supply of Water (1 gallon per person per day)
- □ 3 day supply of nonperishable, ready to eat food items and manual can opener
  - High Energy Foods, e.g. Peanut Butter
  - Juices, dried Milk
  - Sugar, Salt, Pepper
- ☐ First Aid Kit (see list for individual items)
- Flashlight and extra batteries, or ones that generate their own energy by shaking them
- □ Battery operated or Hand Crank Radio
  - NOAA All-Hazard Weather Radio
- □ Clothing— Think about the climate; warm and/or cool season clothes
- 🗆 Shoes
- Sanitation and Hygiene items (such as hand sanitizer, moist towelettes and toilet paper)
- ☐ Matches in waterproof container
- □ Whistle
- □ Blankets
- Other tools (e.g. hammer, pliers)
- □ Cash and coins
- □ Photocopies of important documents, personal
  ID's and credit cards
- □ Baby needs
- □ Special Needs
  - Prescription medications, eye glasses,
  - Contact lens solution, etc.
- □ Games to pass the time (e.g. cards)



### First Aid Kit

- □ Sterile adhesive bandages in assorted sizes
- 2-inch and 4-inch sterile gauze pads
- □ Hypoallergenic adhesive tape
- Triangular bandages
- □ Scissors & Tweezers
- 2-inch and 3-inch sterile roll bandages
- □ Waterless alcohol-based hand sanitizer
- Antiseptic Wipes
- □ Petroleum Jelly or other lubricant
- □ Latex Gloves
- ☐ Anti-bacterial Ointment
- Aspirin or non-aspirin pain reliever
- □ Antacid (for upset stomach)
- □ Cold pack



## Winter Disaster Kit

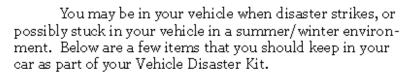




If you live in a cold climate, you must think about warmth. It is possible that you will not have heat during or after a disaster. Think about your clothing and bedding needs. Be sure to include one set of the following for each person to add to your Disaster Kit.

- Jacket or Coat
- Long pants and long sleeve shirt
- Sturdy Shoes
- Hat, Mittens, and Scarf
- Sleeping Bag or Warm Blanket
- Extra Blankets
- Lantern or Flashlight

### A Disaster Kit for your Vehicle





- Flashlight and extra batteries
- □ Maps
- □ Small First Aid Kit
- □ White Distress Flag
- □ Tire Repair kit

- Booster/Jumper cables
- □ Air pump
- Flares
- Bottled water
- □ Non-perishable foods such as granola bars

#### Winter supplies

- Blanket or Sleeping Bag
- Hat and Mittens
- Shovel
- Sand Bags
- Tire Chains
- □ Windshield Scraper
- □ Florescent Distress Flag

### Summer Supplies

- Sunscreen
- Shade Item (umbrella or wide brimmed hat)
- Bugspray